



*Just Starting
Out*

*Are You
Prepared to
Care for
Your Loved
One?*

Question	Yes	No
1. Do I know what is wrong with my loved one and what can be expected?		
2. Do I know what symptoms to observe? Do I know what number to call in an emergency?		
3. Will I get some kind of assistance in the home?		
4. If I do get assistance in the home do I know who pays for the service?		
5. Has a follow-up doctor's appointment been made and can my loved one get there?		
6. Are there things that are uncomfortable for me to perform (e.g., changing diapers)		
7. Do I have physical limitations that make it difficult for me to provide care?		
8. Do I need help at night, so I can get enough sleep to function the following day?		
9. Do I know what kind of care is needed and can I or someone else provide it as indicated?		
a. Bathing		
b. Dressing		
c. Eating (Diet Restrictions, Certain Foods?)		
d. Mobility/Ambulation/Transfers		
e. Medication Reminders		
f. Observing for Symptoms or Changes		
g. Special Equipment		
h. Transportation/Errands		
i. Household Chores		
10. Will the home pass a safety check, so my loved one is not at risk for falls etc.?		
11. Are there stairs outside or inside and is my loved one able to navigate them?		
12. Should there be a ramp, handrails or grab bars?		
13. Is equipment (bed, shower chair, commode, oxygen etc.)? or supplies (diapers, gloves, skin care?) needed? Do I know where to get them and who pays?		



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Combining Quality, Compassion and Care

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